

Yalda Ravanshad, M.D.

Community Medicine Specialist, Medical Researcher

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<https://scholar.google.com/citations?hl=en&user=7A6kXcgAAAAJ>

Profile

- Proficiency and research experience in Evidence Based Medicine (EBM)
- Proficiency in systematic review and meta-analysis
- Proficiency in statistical analysis using SPSS software

Academic Degrees

Master of Medical Education	2016
Mashhad University of Medical Sciences, Iran	
Community Medicine Board Certified	2012
Residency in Community Medicine	2009
Tabriz University of Medical Sciences, Iran	
Doctor of Medicine (MD)	2003
Golestan University of Medical Sciences, Iran	

Professional Experience

Assistant Professor of community medicine	2017-present
Department of Medical Sciences, Islamic Azad University, Mashhad Branch	
Clinic supervisor	2015- present
Health promotion and prevention clinic of community medicine, Mashhad	
Assistant Professor of community medicine	2015-2017
Clinical development research unit, Mashhad University of Medical Sciences	

Researcher	2013
Office of the President of Mashhad University of Medical Sciences	
Researcher	2013-2015
Education Development Center, Mashhad University of Medical Sciences	
Researcher	2012-2013
Treatment Department, Mashhad University of Medical Sciences	
Resident of Community Medicine	2009-2012
Tabriz University of medical sciences	
General practitioner (MD)	2006-2009
Private clinic	
General practitioner (MD)	2003-2005
Head of the health center	

Editorial Positions

Scientific editorial board member

Journal of Reviews in Clinical Medicine (<https://rcm.mums.ac.ir>)

Research Articles

Sample recent articles (Full list available upon request)

1. Assiri S, Bakhtiari E, Ghaffarian N, Moazzen N, **Ravanshad Y**, Azarfar A. Efficacy and Safety of Angiotensin Receptor Blockers in Pediatric Patients (Aged 6 to 18) with Hypertension: A Systematic Review. Iranian Journal of Kidney Diseases. 2023 May 1;17(3):117
2. Azarfar A, Seyedkaboli SS, Naseri M, Sharbaf FG, **Ravanshad Y**. et all (2022). Comparison the Effect of Oral Pulse Therapy Calcitriol with Oral Daily Calcitriol in Hemodialysis Patients. International Journal of Clinical Nephrology.;1(2).
3. Ahmadi M, Valaei L, **Ravanshad Y**. Comparison of Fluoroscopy Time during Right Trans-Radial Coronary Angiography between Amplatz 2 and Judkins Catheters in Patients with Pseudo Lusoria
4. Ravanshad S, Azarfar A, Jafarnezhad Sani N, Miri M, **Ravanshad Y**. Comparison of Pulmonary Artery Pressure before and after Kidney Transplantation in Kidney Transplant Patients with Pulmonary Hypertension. ARYA Atherosclerosis Journal. 2022 Nov 1;18(November):1-6.
5. **Ravanshad Y**, Ghodsi A, Golsorkhi M, Azarfar A, Ravanshad S, Heidarzadeh S, Tasbandi A, Ghodsi H. Long-Term Outcome of Kidney Transplantation in Children According to Type of Transplantation in Mashhad, Iran. Journal of Pediatric Nephrology. 2021 Oct 1;9(4).

6. Azarfar A, **Ravanshad Y**, Golsorkhi M, Zahiri E, Fard MG, Akhondi M, Ghodsi A, Ravanshad S. Comparison of Propofol-Fentanyl with Midazolam-Ketamine Combination in Pediatric Patients Undergoing Kidney Biopsy. *Iranian Journal of Kidney Diseases*. 2022 Jul 1;16(4).
7. Attaei Nakhaei A, Azarfar A, Nasiri M, Ghahremani S, Golsorkhi M, Alizade Noghabi A, Yalda **Ravanshad**. Comparison of the Efficacy of Fluvoxamine and Desmopressin-Oxybutynin Combination in the Treatment of Nocturnal Enuresis: A Clinical Trial. *International Journal of Pediatrics*. 2021;9(5):13479-88.
8. Sahebari M, Ravanshad S, **Ravanshad Y**, Rezaeitalab F, Bayegi HRP, Asadpour H, et al. A Survey on Sleep Disorders and Related Hormones in Patients with Newly Diagnosed Systemic Lupus Erythematosus. *Mediterranean Journal of Rheumatology*. 2021;32(2):148.
9. **Ravanshad Y**, Golsorkhi M, Bakhtiari E, Keykhosravi AL, Azarfar A, Shoja M, et al. Evaluation of causes and outcomes of discharge with the personal consent of patients admitted to Dr. Sheikh Hospital of Mashhad. *Journal of Sabzevar University of Medical Sciences*. 2021;28(2):183-8.
10. Emadzadeh M, Mirbirjandian M, Naghibi Sistani MM, **Ravanshad Y**, Azarfar A. Association Of Children's Dental Health Status with Their Parents Oral Health Literacy and Family Characteristics. *Journal of Health Literacy*. 2021;6(3):47-54.
11. **Ravanshad Y**, Azarfar A, Khademi G, Mohammadzadeh A, Sezavar M, Naseri M. Evaluating the Information Seeking Behavior of Parents with Sick Children about Health and Medical Issues. *International Journal of Pediatrics*. 2021;9(2):13031-40.
12. Mollaei F, Azarfar A, **Ravanshad Y**, Banihashem A, Heydarian F. year evaluation of child deaths in Dr. Sheikh Hospital in Mashhad (2012-2016). *medical journal of Mashhad University of Medical Sciences*. 2021;64(1).
13. Nabavi N, Azarfar A, **Ravanshad Y**, Ghahremani S. Investigating patients' attitudes regarding the characteristics of desirable physician. *medical journal of mashhad university of medical sciences*. 2021;64(3).
14. **Ravanshad Y**, Golsorkhi M, Ravanshad S, Azarfar A, Esmaeeli M, Ghodsi A. Analgesia for pediatric arteriovenous fistula cannulation in hemodialytic patients: A comparison of lidocaine gel, lidocaine spray, and needle plate. 2021.
15. Taheri A, Azarfar A, **Ravanshad Y**, Sahebkhari A. Comparative Study of Prophylactic Antibiotic Twice a Week Versus Every Night in Recurrent Urinary Tract Infections in Children. *Journal of Pediatric Nephrology*. 2021;9(3):1-5
16. Nasiri M, Azarfar A, **Ravanshad Y**, Saberafsharian M, Kaboli SS. Wegener's Granulomatosis Vasculitis and Granuloma: A Case Report. *Journal of Pediatric Nephrology*. 2021;9(3).
17. Nourihosseini G, Gazanchian M, **Ravanshad Y**, Ravanshad S, Azarfar A, Esmaeeli M, et al. Safety and Efficacy of Rituximab in Children with Steroid-Dependent or Resistant Nephrotic Syndrome. *Journal of Pediatric Nephrology*. 2021;9(2):1-7.
18. **Ravanshad Y**, Golsorkhi M, Ravanshad S, Azarfar A. Fake Traditional Healers with Superstitious Magical Treatments and Their Practices Regarding Children's Diseases. *Reviews in Clinical Medicine*. 2020;7(1):1-4.
19. Nasiri M, Farhangi H, Badiee Z, Ghasemi A, Golsorkhi M, **Ravanshad Y**, et al. The effect of vitamin E on cisplatin induced nephrotoxicity: a clinical trial study. *International Journal of Pediatrics*. 2020;8(1):10767-73
20. Nasiri M, Farhangi H, Badiee Z, Ghasemi A, Golsorkhi M, **Ravanshad Y**, et al. The effect of vitamin E on cisplatin induced nephrotoxicity: a clinical trial study. *International Journal of Pediatrics*. 2020;8(1):10767-73.

21. **Ravanshad Y**, Golsorkhi M, Ravanshad S, Esmaeeli M, Osmani B, Azarfar A, et al. A Systematic Review of Efficacy and Safety of Ofatumumab Therapy in Children With Difficult-to-treat Nephrotic Syndrome. *Journal of Pediatrics Review*. 2020;8(4):223-8.
22. Golsorkhi M, **Ravanshad Y**, Azarfar A, Ravanshad S. A Review on New Coronavirus Mechanism of Action. *Journal of Pediatric Nephrology*. 2020;8(2).
23. **Ravanshad Y**, Azarfar A, Ravanshad S, Nasab MN, Ghasemi A, Golsorkhi M, et al. A Comparison Between Tacrolimus and Cyclosporine As Immunosuppression after Renal Transplantation in Children, A Meta-Analysis and Systematic Review. *Iranian journal of kidney diseases*. 2020;14(2):139-44.
24. **Ravanshad Y**, Azarfar A, Makarm A, Emadzade A, Golsorkhi M, Ravanshad S. Study the causes for Canceling Education in residents of Mashhad University of Medical Sciences. *medical journal of mashhad university of medical sciences*. 2020;63:2292-9..

Sample Research Projects (Full list available upon request)

1. Evaluation of phenotype and genotype spectrum of pediatric Joubert Syndrome in Mashhad pediatric neurology clinics from 2011 to 2023
2. Investigating the predictive value of Renal Angina Index to predict acute kidney injury in critically ill children admitted to ICU
3. Investigation of violence towards Pediatric Residents and factors related to it in teaching hospitals of Mashhad University of Medical Sciences in 1402
4. Epidemiological investigation of masturbation and its predisposing factors in children 2 to 6 years
5. Investigating the diagnostic value of mucus in the urine test of children under 12 years of age with masturbation
6. Calculation of urinary potassium index to check the response to albumin in nephrotic syndrome patients
7. Evaluation of urinary microalbumin changes after extracorporeal lithotripsy in children
8. Evaluation of genetic basis in children diagnosed with congenital nephrotic syndrome in Dr Sheikh pediatric hospital of Mashhad
9. Evaluation of etiologies ,clinical course and outcomes of patients with rapidly progressive glomerulonephritis (RPGN) in children in the last five years(2016-2020)
10. Safety and effectiveness of Angiotensin receptor blockers (valsartan, losartan,) use in children over 6 years of age with hypertension (systematic review)